



Lynn Carol Granlund

July 31, 1958 - January 2, 2022

Lynn Carol Granlund, M.D. (age 63) passed away unexpectedly of natural causes in her Laguna Niguel, CA, home on January 2, 2022. She was born in Fargo, North Dakota on July 31, 1958, the first child of Hamilton and Carol Granlund.

Lynn's formative years were spent in Minnesota, where she graduated from Park Center High School (1976) with the highest of honors. From the time she was a little girl, she wanted to be a nurse. Always interested in medicine, she volunteered as a candy striper in high school and later earned a Bachelor's degree in Psychology from the University of Texas, Arlington branch. She went on to receive her M.D. at the University of Texas, Galveston branch. She became a Board Certified Internist following her internships and residencies in San Antonio, Texas. She further studied and received a license in acupuncture and was a member of the American Academy of Acupuncture. She settled in California, working with the Saddleback Medical Group for many years. Lynn was a conscientious doctor, and was a tireless advocate for others.

Lynn was an active member of her church and community, Lutheran Church of the Cross, attending services and events. She was a strong and competent woman with a vivacious spirit and infectious laugh. She has a thirst for knowledge, was down to Earth, and was always determined. Earlier in her career, she combined her love of medicine and travel, volunteering her services on overseas missions in Nepal, and the jungles of Peru, as well as time spent in Alaska. Wherever she traveled, Lynn was determined to get to the top. She nearly succeeded, trekking the Himalaya's, to the basecamp of Mount Everest. Determined to see the Great Wall of China, she found a group of young men to carry her on a board, high on their shoulders, when a misstep caused her to sprain both ankles.

Lynn was interested in travel, photography, reading, movies, and music. A highlight was catching Paul McCartney's eye while he played piano at a concert. She was sure he looked directly at her and waved. But the highlight of her life was the addition of her daughter Josie Lynn in 2006. Josie brought Lynn great enjoyment, and she was very proud of her. Lynn was a devoted mother from the start, traveling three times to Guatemala to meet and care for Josie.

Lynn is survived by her daughter Josie, mother Carol Granlund, and sister Tami Granlund of Salt Lake City, Utah. She is survived by aunt, uncle, and cousins in North Dakota and Minnesota. She also leaves behind her medical practice, partners, and patients.

Lynn is preceded in death by her father Hamilton Granlund, brother Michael, and brother David, brother-in-law Earl Loveless. Lynn achieved great things in her life, was the bedrock for her family, and will be forever loved and missed.

Cemetery

Immanuel Lutheran Church Cemetery

8199 147th Ave SE
Delamere, ND, 58060

Events

FEB 26 **Celebration of Life with Reception to Follow** 02:00PM - 03:00PM

Lutheran Church of the Cross
24231 El Toro Road, Laguna Woods, CA, US,
92637

Comments



“ Dr. Granlund was my physician ever since I moved to Aliso Viejo, almost 8 years ago. Her kindness, compassion and willingness to listen with sympathy and patience made her so special. I always felt as though she cared about me and I wasn't just another face in the crowd. She would find a way to make me smile amidst my ongoing pain, as I'm sure she did with all her patients.

I will miss her very much and will always remember her as an amazing physician, professional and person who I greatly trusted and appreciated.

My deepest sympathies to her family.

Sincerely,

Linda Lo (Patient)

Linda Lo - March 04 at 08:29 PM



“ I was so very saddened to hear of Dr. Granlund's passing. She was both mine and my mother's primary care doctor and she always took the best care of both of us. She also was there for us and it was such a relief for my mother and I to know that we had a doctor who had our back. A found memory was on my mother's last visit with her, I asked her about her daughter and she immediately smiled that beautiful smile. She loved her so! She is and will always be in our hearts. My condolences to her daughter and family. May she rest in God's arms now.

Havaja Frljuckic

Havaja Frljuckic - March 04 at 05:53 PM



“ Tracey Kounanis lit a candle in memory of Lynn Carol Granlund



Tracey Kounanis - February 23 at 11:33 PM



“ Peaceful White Lilies Basket was purchased for the family of Lynn Carol Granlund.



February 23 at 05:06 PM



“ Lynn Granlund was my doctor, and I felt as though I'd found the perfect one! She always listened, took time to explain things, and called to follow up. I'm sure her family and friends will miss her so much, since I will too and only knew her as her patient. She was wonderful and I'm so sorry for her loss.

Val Montefu - February 22 at 06:06 PM



“ Emerald Garden Basket was purchased for the family of Lynn Carol Granlund.



February 21 at 02:33 PM



“ I was a patient of Dr. Granlund's years ago. We are both about the same age and at the time, I was going through the process of adopting my daughter, Lacey, from Russia. I adopted as a single mother. Dr. Granlund was so helpful and encouraging of my journey. She helped with all the medical examinations and notarizations of documents I needed to get my baby girl. Shortly after my adoption, Dr. Granlund spoke to me and I gave her the name of the agency I used for international adoption and my contacts at the agency. Full steam ahead, Dr. Granlund brought home her beautiful daughter only 9 months later! She was so overjoyed to be a mom to little Josie. In fact, Dr. Granlund and daughter came to my daughter's 5th birthday party. Josie was dressed like Belle from the Beauty and the Beast - so sweet. Dr. Granlund was over the moon for her daughter. As a fellow doctor, patient and friend, I am heartbroken to hear of her loss. She was an amazing, caring and loving person. I will always hold her in my heart and extend my deep sympathy to Josie and all of Dr. Granlund's family.

Much Love to you All,

Melinda Wells, O.D.

Melinda Wells - February 11 at 07:14 PM



“ I was so shocked and saddened to hear of Dr Grandlund's passing. I have been a patient of hers for almost 30 years. She was so kind, friendly and always so thorough... I truly feel I owe my life to her for diagnosing a serious problem that many doctors would have dismissed.
May she rest in peace and her family be comforted during this difficult time.
Marlene Schumaker

Marlene - January 20 at 10:05 PM



“ Our sincere condolences to the family and co-workers of dear Lynn Granlund. She was an amazing doctor to both my elderly mom and myself. We loved her kind spirit and her caring nature. Our hearts go out to you, and our prayers on behalf of you all, that God's kind comfort and holy spirit bring you peace at this most unexpected time of sadness. May you find comfort in knowing that her beautiful essence is with the most high until that lovely day when we can see her again! Rev 21:3, 4
Sincerely, Inez Herman and Louise Irizarry

Inez Herman - January 20 at 12:14 AM



“ Karen Baird lit a candle in memory of Lynn Carol Granlund



Karen Baird - January 18 at 03:46 PM



“ To the family of Lynn Granlund

I am deeply saddened to hear of the passing of your dear Lynn. I was a patient of hers, and a nurse. we shared many stories about the evolving medical scene, and she was a most kind and competent clinician, thorough, but never in a hurry. She listened, she cared. She shared stories about her family, whom she loved very much. Stories of Josie, stories of Jasper, Thank you for sharing her story, so beautiful!! I am so privileged to have known her and am so very sorry for your loss .

Josie, I pray you find comfort and peace at this time, knowing how you were and still are surrounded by love. Peace be to the other members of the family as they navigate thru this time.

In Love and Light

karen Baird

Karen Baird - January 18 at 03:46 PM



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Dear Josie and family,

I'm so very sorry for the loss of your beloved mother, daughter, sister, and friend. I was a patient of hers, for many years. She always made me feel important and well cared for when I visited her. Josie , I remember when your mom traveled to meet you and bring you home. She was so excited , nervous , and overjoyed to have you ! What a grand gift you both were given the day she adopted you into her life. We shared many stories, laughs, and a few tears in our conversations about you and my son as we compared "mom notes ". She loved you so very much !! And she was always so proud to share your achievements and the milestones of your life. I know you'll face some rough times ahead, but Josie, your mom would want you to keep moving forward and be all you dream to be. Make your dreams come true and allow others to help you on your journey. Your mom would want that for you. She will always be remembered as a kind, thoughtful , and loving friend to me. My deepest sympathy is with you and I'll keep you in my prayers sweet girl
Sonya ... a patient of your mom

sonya lett - January 15 at 05:48 PM



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Doctor Lynn Grandlund was a true HEROINE, more than a doctor, rather a true friend. I have known Doctor Lynn since 2011, & never looked back, as she always championed my needs. We shared some similar backgrounds, having adopting daughters, & shared stories. Dr. Lynn was so proud of her wonderful daughter Josie, & after my appointments, if time allowed, we looked at your pictures. I remember stories about your birthday parties, American Girl Doll themes, upcoming school events, field trips, & so much more. I HOPE over time, Josie will be comforted knowing her mom made a BIG difference every day, in every way; or as my students would say, she rocked in her own unique way. I gave Dr. Lynn a copy of my first book published, These Worlds Between Us, & she seemed to enjoy it. PLEASE let me know if I can send a belated card to show support for Dr. Lynn's family. I only learned of Dr. Lynn's passing today, Feb. 27th, 2022. I am beyond shocked ,stricken & sad. Lynn, I shall ALWAYS miss you!! Peace my friend,
Beth (Ellen) Marshall Jack.

beth ellen jack jack - February 27 at 03:21 PM



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Dear Josie & Mom,

So very sad & shocked to hear of Dr. Grandlund's death. She shared many of her travel adventures after completing Medical School along with her struggles to finance her education. She was a dedicated Mother. Her Daughter was very special to her and she shared her close involvement in raising her. She really enjoyed talking about Josie. She was a lovely person and I admired her accomplishments. Josie, the Lord will watch over you, be strong like your Mom, trust God and He will see you through
June Simpson, patient of Dr. Grandlund

June Simpson - March 01 at 11:09 AM



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I can only echo what others have said--shock at such an unexpected passing and appreciation for a caring, knowledgeable and responsive doctor. Condolences to her family and all who loved her.

Ollie Housman - March 07 at 09:56 PM